

## A Guide to the Inspiring Minds Breakfast Buddies

### About Inspiring Minds

Inspiring Minds' mission is to create successful students by providing them with the appropriate academic and social supports. We connect well-trained volunteers to struggling students to develop close connections through which young people discover who they are, gain skills to shape their own lives and learn how to interact and contribute to the world around them.

### What is Breakfast Buddies?

Breakfast Buddies connects a child to a positive role model to help them start their day off right. Mentors are meet with a selected group of Kindergarten (pilot) students on one regularly scheduled day per week. Buddies are prepared to read at each session and help children with their breakfast routines. Buddies are prepared to read at each session and help children with their breakfast routines. If the student is absent, volunteers will make phone calls to the child's home to let them know they were missed at Breakfast Buddies.



### Breakfast program goals are:

*To encourage a child's interest in school by:*

- Promoting enthusiasm for school.
- Assisting child in overcoming any apprehension toward school.
- Helping with morning routines and building confidence.

*To expand a child's opportunities for success by:*

- Connecting a mentor who will act as a positive role model.
- Providing individualized attention to students.
- Exposing the child to new information and experiences.
- Helping the child to articulate thoughts and feelings about school.

*To reduce absenteeism:*

- Connecting another friendly face at school drop off that talks directly to parents of mentees.
- Following up with families when the child does not attend.
- Identifying and sharing information to reduce barriers to attending school.

### How can I get involved?

Complete an application online through our online volunteer management system, [Give Pulse](#), and click "Become a Member". If access to a phone or computer is restrictive for you, or if you are uncomfortable with using a computer, please come by our office at 763 Westminister Street, Providence or contact us by phone 401-274-3240 or email [inspire@inspiringmindsri.org](mailto:inspire@inspiringmindsri.org) and we will help.

#### Additional Questions?

Call us at: 401-274-3240 Email us at [inspire@inspiringmindsri.org](mailto:inspire@inspiringmindsri.org)

Check out our website: [inspiringmindsri.org](http://inspiringmindsri.org)

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