



2022-2023

Dear Parent/Guardian,

Your child's school has partnered with Inspiring Minds to provide the innovative, mindfulness-based social-emotional learning program, ResilientKids™, during the school day to build skills in self-regulation, stress management, perseverance, and empathy - the foundations to academic achievement, college & career readiness, and life-long success. Our professionally trained, dedicated instructors work in the classroom, in partnership with students and teachers from September to June, in a weekly 30-minute class. There is no cost to you for this program.

We are asking today for your consent to join our impact study.

To better understand the impact of our program, Inspiring Minds would like your permission to request and collect data from your child and their student record from your child's school. The student record has information such as your child's attendance, scores on assessments (literacy scores, for example), types of services they may receive, discipline history, and other information. In addition, we implement a survey to help us understand their mindfulness knowledge at the beginning and again at the end of the school year. We also ask students in 6th grade and up to complete the [Mindful Attention Awareness Scale](#) and the [Perceived Stress Scale](#). Having this information will help us better understand our impact, how our services work, and how we might improve them.

Federal law requires us to keep educational information about your child private. Therefore, we will keep your child's records private by not providing any of your personal information to anyone not directly involved in Inspiring Minds or your child's school. We also share information with the people who fund our programs or are interested in learning more about what we do and how we do it. However, that information is only shared in the aggregate. That means we only share general information, such as 55% of our participants are English language learners.

Thank you! Please call Inspiring Minds at 274-3240 or email us at inspire@inspiringmindsri.org if you have any questions!

Please return this data consent form to your child's teacher. You may also complete this form online by taking a picture of this QR Code.





Child's name/ Nombre del niño: _____

Child's Date of Birth/ Fecha de nacimiento del niño: _____

Teacher's name/Nombre de maestra/aula: _____

School/Escuela: _____

PLEASE write YES or NO for each question:

Por favor responda SÍ o NO a cada una de las siguientes preguntas:

_____ I understand why Inspiring Minds is asking my permission to access my child's student record, and I grant permission to the school district where my child is enrolled, to share that information with Inspiring Minds.

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_____ I grant permission for Inspiring Minds to share information learned from the assessments and interviews with my child's school district to discuss coordination of services.

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_____ I permit my child to participate in the pre and post-assessments and the Developmental Asset Profile Survey.

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_____ I permit my child's name, photo, and quotes to be used by Inspiring Minds for the purposes of marketing the program.

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_____ Please add me to the Inspiring Minds mailing list.

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Name of Parent/Guardian /Nombre del padre, madre o tutor legal: _____

Relationship to child/ Parentesco con el niño: _____

Address/ Dirección: _____

City, State, Zip/ Ciudad, estado y código postal: _____

Phone/ Teléfono: _____

Email/ Correo electrónico: _____

Signature of parent/ guardian/ Firma del padre, madre o tutor legal:

Date: _____